

Academy of Movement & Music Class Schedule 2022-2023

Classes Begin August 22nd Registration starts July 11th contact the office 708-848-2329

academyofmovementandmusic@gmail.com

605 Lake Street • Oak Park • IL 60302

DANCE SESSION DATES 2022-2023	
SESSION I	AUGUST 22 – OCTOBER 1
SESSION II	OCTOBER 3 – NOVEMBER 12
SESSION III	NOVEMBER 14 – DECEMBER 24
SESSION IV	JANUARY 9 – FEBRUARY 18
SESSION V	FEBRUARY 20 – APRIL 8
SESSION VI	APRIL 10 – MAY 20
RECITAL SESSION	MAY 22 – JUNE 9 (Recital students only)
SUMMER	JUNE 12 – JULY 21

NUTCRACKER PERFORMANCES	
NOVEMBER 5, 6, 12, 13	
DEADLINE TO SIGN UP ~ SEPTEMBER 2 nd	
CONTACT THE OFFICE FOR MORE INFO & TO SIGN UP	
MATINEE PERFORMANCES ~ BALLET 1 - 8 LEVELS	
EVENING PERFORMANCES ~ BALLET 9-11 LEVELS	

ANNUAL RECITALS	
WINTER RECITAL FOR INTERMEDIATE & ADVANCED MODERN & JAZZ LEVELS – DECEMBER 10	
SPRING MODERN/JAZZ RECITAL ~ ALL LEVELS – MAY 13	
ANNUAL JUNE BALLET RECITAL – JUNE 10	

2021-2022	
PRIVATE MUSIC	SESSION DATES
FALL SESSION	AUGUST 22 – NOVEMBER 12
WINTER SESSION	NOVEMBER 14 – FEBRUARY 18
SPRING SESSION	FEBRUARY 20 – MAY 20
SUMMER SESSION	MAY 22 – JULY 21

THE ACADEMY IS CLOSED ON		THE FOLLOWING DATES
LABOR DAY	SEPTEMBER 5, 2022	
THANKSGIVING	THURSDAY, NOVEMBER 24, FRIDAY, NOVEMBER 25, AND SATURDAY, NOVEMBER 26, 2022	
WINTER BREAK	THURSDAY, DECEMBER 22 THRU SUNDAY, JANUARY 8, 2023	
MARTIN LUTHER KING DAY	MONDAY, JANUARY 16, 2023	
SPRING BREAK	MONDAY, MARCH 27 THRU SUNDAY, APRIL 2, 2023	
MEMORIAL DAY	MONDAY, MAY 29, 2023	

We have an Adult Ballet Class this year! See listing at end of Dance Section.

Academy ARTS Preschool Programs

Begins: Monday, August 29th Ends: Thursday, May 11th

Downstairs ARTS	ages 2 1/4 (by Sept. 1 st) to 4 years old
Each day provides balance between teacher directed movement classes and the child directed art and Montessori environment. Our songs, artwork, dances, and games will be centered on our themes.	
MONDAY AND WEDNESDAY AND/OR TUESDAY AND THURSDAY FRIDAY – must be 3 1/2 by Sept. 1st	8:45-11:00 AM 8:45-11:00 AM 8:45-11:00 AM
TUITION FOR 2 DAYS: \$250	TUITION FOR 4 DAYS: \$400
TUITION FOR 3 DAYS: \$320	TUITION FOR 5 DAYS: \$450
ANNUAL REGISTRATION FEE \$45.00	ANNUAL MATERIAL FEE \$150

Upstairs ARTS	ages 4 (by Sept. 1 st) to 6 years old
This program offers creative movement, art, creative arts & crafts, music, cultural awareness, dance, physical fitness, literature, Montessori, and science. Courses are united around common themes, seasons, and cultures from around the world.	
MONDAY thru THURSDAY FRIDAY – Optional	8:45-11:00 AM 8:45-11:00 AM
TUITION FOR 4 DAYS: \$400	TUITION FOR 5 DAYS: \$450
ANNUAL REGISTRATION FEE \$45.00	ANNUAL MATERIAL FEE \$150

2022-2023 Dance Classes

Introduction to Ballet Classes:

INTRODUCTION TO BALLET 1	(AGES 3 – 4)
SATURDAY	9:00 - 9:45 AM Gina

INTRODUCTION TO BALLET 1/2	(AGES 3 – 5)
SATURDAY	10:00 - 10:45 AM Tati

INTRODUCTION TO BALLET 2	(AGES 4 – 5)
SATURDAY	9:00 – 9:45 AM Sofie

INTRODUCTION TO BALLET 3	(AGES 5 – 6)
MONDAY	4:00 - 5:00 PM Tati
SATURDAY	8:45 - 9:45 AM Tati
SATURDAY	10:00 - 11:00 AM Gina

Fee Schedule

Annual Registration Fee \$45.00

FEE SCALE per 6 weeks	PRICE
45-minute class/week	\$115
1 class/week	\$125
2 classes/week	\$240
3 classes/week	\$330
4 classes/week	\$420
5 classes/week	\$475
6 classes/week	\$510
7 classes/week	\$540
8 classes/week	\$560
9 classes/week	\$585
10 classes/week	\$600
11 classes/week	\$620

Uniform for Introduction to Ballet 1, 2, & 3:

Girls: White, long-sleeved scoop-necked leotard, white bando tutu, pink or flesh-toned tights, pink or flesh-toned leather ballet slippers
Hair needs to be pulled back securely and out of eyes.

Boys: Black tights, white T-shirt, black leather ballet slippers

SAFETY PROTOCOLS

- Masks are optional.
- Parents must monitor their child for fever, illness, etc. before coming to the Academy

Ballet 1, 2 & Boys Classes:

BALLET 1	(AGES 6 – 8)
MONDAY	4:00 - 5:00 PM Teresa
WEDNESDAY	3:30 - 4:30 PM Gina
SATURDAY	8:45 - 9:45 AM Teresa
SATURDAY	10:00 - 11:00 AM Sofie

BALLET 1/2A	(AGES 9 – 12) Covers material of Ballet 1 & 2 in one year.
MONDAY	5:00 - 6:15 PM Teresa

BALLET 2 * see uniform below	(AGES 7 – 9) One year Ballet 1 training and consent of instructor.
WEDNESDAY	5:15 - 6:30 PM Gina
SATURDAY	9:45 - 11:00 AM Teresa

BOYS BALLET	WEDNESDAY
BOYS BALLET (AGES 6 – 10) One year Ballet training and consent of instructor.	4:00 - 5:15 PM JP

Recommended for Ballet 1, 2 & Boys Levels:

*No experience necessary	*JAZZ 1 (AGES 6-10)	JAZZ 2 (AGES 7-10) 1 year experience	*HUMPHREY 1 (AGES 6–8)
MONDAY	5:00 - 6:00 PM Tati		
WEDNESDAY			4:30 - 5:15 PM Gina
THURSDAY		5:15 - 6:15 PM Gina	

Uniform for Ballet 1 & 2:

Girls: Pink, long-sleeved scoop-necked leotard, pink or flesh-toned tights, pink or flesh-toned ballet slippers, pink wrap skirt (optional). Hair needs to be pulled back securely and out of eyes.

Boys: Black tights, white T-shirt, black leather ballet slippers

Uniform for Jazz 1 thru 4 classes:

Girls: Plain Black TANK-top leotard, black jazz pants, black jazz shoes

Boys: Black jazz pants, white T-shirt, black jazz shoes

Uniform for all Modern classes:

Girls: Plain Black TANK-top leotard, convertible tights

Boys: Black convertible tights or jazz pants, white T-shirt

NO BAGGY OR PLASTIC WARM-UP CLOTHES

Ballet 3, 4, 3/4A, 5 Classes: also see recommendations on next page

BALLET 3 (Ages 7-9)	Two Ballet technique per week
TUESDAY	4:00 - 5:15 PM Laura
AND THURSDAY	4:00 - 5:15 PM Laura

BALLET 4 (Ages 8-10)	Two Ballet technique per week
TUESDAY	4:00 - 5:15 PM Gina
AND THURSDAY	4:00 - 5:15 PM Gina

BALLET 3/4A (Ages 10 and Up) Covers material of Ballet 3 & 4 in one year	(Must have completed Ballet 1/2A or Ballet 2 level) Two Ballet technique per week
TUESDAY	6:30 - 7:45 PM Gina
AND THURSDAY	6:30 - 7:45 PM Gina

BALLET 5	Two Ballet Technique per week	One Modern Technique per week
TUESDAY	4:00 - 5:15 PM Mei	
AND THURSDAY	4:00 - 5:15 PM Mei	5:15 - 6:30 PM Mei

Uniform for Ballet 1/2A thru 11:

Girls: Plain Black TANK-top leotard, pink or flesh-toned tights, pink or flesh-toned leather ballet slippers, black 5" inseam bike shorts (optional). Hair needs to be pulled back securely and out of eyes. Long hair needs to be confined so as not to interfere with turns.

Boys: Black tights, white T-shirt, black leather ballet slippers

NO BAGGY OR PLASTIC WARM-UP CLOTHES

Ballet 5 students can choose to take Humphrey 2 Modern instead of Modern 1.

See recommendations for Ballet 3, 4, 3/4A, 5 classes on next page

Recommended for Ballet 3, 4, 3/4A, 5 Levels:
All Jazz levels require consent of instructor.

	TUESDAY	THURSDAY
JAZZ 2 (AGES 7-10) 1 year experience		5:15 – 6:15 PM Gina
* JAZZ 3 (AGES 8-12) 2 years experience	5:15 – 6:30 PM Gina	
*CONSENT OF INSTRUCTOR REQUIRED		

MODERN	SATURDAY
HUMPHREY 2 (Ages 9 and Up)	11:00 AM - 12:00 PM Gina

Uniform for Jazz 1 thru 4 classes:
Girls: Plain Black TANK-top leotard, black jazz pants, black jazz shoes
Boys: Black jazz pants, white T-shirt, black jazz shoes

Uniform for all Modern classes:
Girls: Plain Black TANK-top leotard, convertible tights
Boys: Black convertible tights or jazz pants, white T-shirt

NO BAGGY OR PLASTIC WARM-UP

Ballet 6: Three Technique Classes;
 Two Pre-Pointe Classes Required
 One Modern Class Required

BALLET 6	BALLET	PRE-POINTE	MODERN 2
MONDAY	5:15 – 6:30 PM JP		4:00 - 5:15 PM Mei
WEDNESDAY	4:00 - 5:15 PM Sally	5:15 - 6:00 PM Sally	
FRIDAY	4:00 - 5:30 PM Sally	5:30 - 6:15 PM Sally	

Recommended for Ballet 6:

	TUESDAY	SATURDAY
* HUMPHREY 3	4:00 – 5:15 PM Anne Marie	
JAZZ 4 No experience required for Ballet 6 (3 years experience & consent for others)	5:15 - 6:30 PM Anne Marie	
HIP HOP (Ages 11 and Up)		11:00 – 12:15 PM Tanji
*CONSENT OF INSTRUCTOR REQUIRED		

Ballet 7: Three Technique Classes;
 Two Pointe Classes Required
 Lyrical Required (or Humphrey 3) Required *see uniform requirements under Ballet 11*

BALLET 7	BALLET	POINTE 1	LYRICAL
MONDAY	4:00 - 5:15 PM JP		5:15 - 6:30 PM Mei
TUESDAY	5:15 - 6:30 PM Laura	6:30 - 7:15 PM Laura	
THURSDAY	5:15 - 6:30 PM Laura	6:30 - 7:15 PM Laura	

Recommended for Ballet 7:

	TUESDAY	WEDNESDAY	SATURDAY
* HUMPHREY 3	4:00 - 5:15 PM Anne Marie		
JAZZ 5 No experience required for Ballet 7 (4 years experience & consent for others)		5:15 - 6:30 PM Tati	
HIP HOP (Ages 11 and Up)			11:00 – 12:15 PM Tanji
*CONSENT OF INSTRUCTOR REQUIRED			

Ballet 8: Three Technique Classes;
Two Pointe Classes Required/We Highly Recommend Three
see uniform requirements under Ballet 11

BALLET 8	BALLET	POINTE 2
MONDAY	6:30 - 8:00 PM JP	8:00 - 9:00 PM JP
WEDNESDAY	6:30 - 7:45 PM Julia	7:45 - 8:30 PM Julia
FRIDAY	4:00 - 5:30 PM Mei	5:30 - 6:30 PM Mei

Recommended for Ballet 8:

	MONDAY	TUESDAY	WEDNESDAY	SATURDAY
LYRICAL	5:15-6:30 PM Mei			
HUMPHREY 3 JAZZ 5		4:00-5:15 PM Anne Marie		
No experience required for Ballet 8 (4 years experience & consent for others)			5:15-6:30 PM Tati	
HIP HOP (Ages 11 and Up)				11:00 – 12:15 PM Tanji

Ballet 9: Three Technique Classes;
Three Pointe Classes Required
see uniform requirements under Ballet 11

BALLET 9	BALLET	POINTE 3
MONDAY	6:30 - 8:00 PM JP	8:00 - 9:00 PM JP
TUESDAY	5:15 - 6:45 PM JP	Pointe shoes may be worn during ballet class.
WEDNESDAY	6:30 - 7:45 PM Julia	7:45 - 8:30 PM Julia
FRIDAY	4:00 - 5:30 PM Mei	5:30 - 6:30 PM Mei

Ballet 10: Four Technique Classes;
Three Pointe Classes Required

BALLET 10	BALLET	POINTE 4
MONDAY	6:30 - 8:00 PM Julia	8:00 - 9:00 PM Julia
TUESDAY	5:15 - 6:45 PM JP	Pointe shoes may be worn during ballet class.
WEDNESDAY	5:15 - 6:45 PM JP	6:45 - 7:30 PM JP
FRIDAY	4:00 - 5:30 PM JP	5:30 - 6:30 PM JP

Recommended for Ballet 10:

CONTEMPORARY	THURSDAY
CONTEMPORARY	6:30 - 8:00 PM Mei

Recommended for Ballet 9 & 10:

	TUESDAY	WEDNESDAY	SATURDAY
ADVANCED MODERN	6:45 - 8:00 PM Anne Marie		
ADVANCED JAZZ		4:00 - 5:15 PM Tati	
HIP HOP			11:00 – 12:15 PM Tanji

More recommendations for Ballet 9 & 10 next page

Ballet 11: Four Technique Classes;
Three Pointe Classes

BALLET 11	BALLET	POINTE 5
MONDAY	6:30 - 8:00 PM Julia	8:00 - 9:00 PM Julia
TUESDAY	5:15 - 6:45 PM JP	Pointe shoes may be worn during ballet class.
WEDNESDAY	5:15 - 6:45 PM JP	6:45 - 7:30 PM JP
FRIDAY	4:00 - 5:30 PM JP	5:30 - 6:30 PM JP

Recommended for Ballet 11:

	TUESDAY	THURSDAY
ADVANCED MODERN	6:45-8:00 PM Anne Marie	
CONTEMPORARY		6:30 - 8:00 PM Mei

	WEDNESDAY	SATURDAY
ADVANCED JAZZ	4:00-5:15 PM Tati	
HIP HOP		11:00-12:15 PM Tanji

Uniform for Ballet 1/2A thru 11:

- Girls:** Plain Black TANK-top leotard, pink or flesh-toned tights, pink or flesh-toned leather ballet slippers, black 5" inseam bike shorts (optional)
Hair needs to be pulled back securely and out of eyes. Long hair needs to be confined so as not to interfere with turns.
- Boys:** Black tights, white T-shirt, black leather ballet slippers

Uniform for Jazz 5 thru 7 classes:

- Girls:** Plain Black TANK-top leotard, black ankle length leggings, black jazz shoes
- Boys:** White T-shirt, black jazz pants, black jazz shoes

Uniform for all Modern classes:

- Girls:** Plain Black TANK-top leotard, convertible tights
- Boys:** Black convertible tights or jazz pants, white T-shirt

Attire for Hip Hop

Dancers should wear soft pants or shorts and t-shirt for easy movement, and sneakers.

NO BAGGY OR PLASTIC WARM-UP CLOTHES

Adult Class

	WEDNESDAY
ADULT BALLET	7:00 - 8:00 PM Sofie

2022-2023

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Private Music Lessons

Piano ~ Voice ~ Guitar

At the Academy, we believe that private music study is best begun at age six (6), when the student has begun reading words, since note reading is an important part of beginning music study. We also expect that students will have an instrument in the home to facilitate daily practice. A keyboard can function as a short-term substitute for a piano in the home, but the finger touch is very different, and many keyboards do not have the full number of keys as on a piano.

If you are interested in private music study, please call the office and we will try to match your schedule and needs with an available teacher. Our teachers are here on different days and have limited openings.

2022-2023 Faculty and Staff

A.R.T.S.

MAUREEN FAHEY	DOWNSTAIRS A.R.T.S. DIRECTOR, MUSIC, STORY EXPLORERS, PRACTICAL LIFE, MONTESSORI
NATHALIE YANGUAS	ART, CULTURAL AWARENESS, LITERATURE
MARK ANDERSON	MUSIC, CREATIVE MOVEMENT
JUDY BIANCHI	PHYSICAL FITNESS
RACHEL BARKDOLL	AIDE
GRACE BEIFUSS	AIDE

DANCE

JP TENUTA*	DIRECTOR, BALLET
SOFIE BESSER	BALLET
LAURA BRAND	BALLET
TATIANA CASTANEDA	BALLET, JAZZ
MEI KUNG CHEN*	BALLET, MODERN, CONTEMPORARY
SALLY DONAUBAUER	BALLET
TERESA DEZIEL	BALLET
TANJI HARPER	HIP HOP
ANNE MARIE LOESCH	MODERN, HUMPHREY, GRAHAM, JAZZ
GINA SIGISMONDI*	BALLET, JAZZ, HUMPHREY MODERN
JULIA WOLLRAB*	BALLET

* PRIVATE LESSONS AVAILABLE BY APPOINTMENT FOR DANCE & AUDITION SOLOS

MUSIC

PATRICIA WILKEN	DIRECTOR/INSTRUCTOR, PIANO, VOICE
MARK ANDERSON	GUITAR INSTRUCTOR
AMY DEJONG	VOICE
MARA LEONARD	PIANO, CELLO

ADMINISTRATION

JP TENUTA	DIRECTOR
RACHEL GORGOL	BUSINESS ADMINISTRATOR
KARI FARKVAM	ADMINISTRATOR
SARAH NAJERA	DIRECTOR, <i>MOMENTA</i>
BRIGID ANDERSON	OFFICE SUPPORT
TATIANA CASTANEDA	OFFICE SUPPORT
SUSAN HUBER	OFFICE SUPPORT