

Academy of Movement & Music Summer Schedule 2024

June 10th – July 20th

Registration starts March 5th in Jackrabbit .

The Academy will be closed for Independence Day on July 4th & 5th.

Downstairs ARTS Summer Camp	ages 2 1/4 (by June 1 st) to 4 years old
Each day provides balance between teacher directed movement classes and the child directed art and Montessori environment. Our songs, artwork, dances and games will be centered on our themes.	
MONDAY AND WEDNESDAY	8:45-11:00 AM
AND/OR	
TUESDAY AND THURSDAY	8:45-11:00 AM
TUITION FOR 2 DAYS: \$450	TUITION FOR 4 DAYS: \$725

Our Summer **Downstairs A.R.T.S.** will be based on the theme “Summertime Adventures.” Our summertime adventures will take us to the seashore, into the woods, and to our own backyards to learn about and explore the many animals, insects, plants, and other life we might find during our travels.

Need ballet slippers & backpack

Upstairs ARTS Summer Camp	ages 4 by (June 1st) to 7 years old
Creative movement, art, creative arts & crafts, music, physical fitness, literature and culture are all part of our program. Courses are united around common themes, concepts (shape, color, time), seasons, and cultures from around the world.	
MONDAY AND WEDNESDAY	8:45-11:00 AM
AND/OR	
TUESDAY AND THURSDAY	8:45-11:00 AM
TUITION FOR 2 DAYS: \$450	TUITION FOR 4 DAYS: \$725

Ready for an adventure? From the highest mountain to the sandiest beach, from the deepest forest to the wildest jungle, this summer in **Upstairs A.R.T.S.** we will pack our bags and travel around the world for six weeks of fun, games, and discoveries.

Need ballet slippers & backpack

Adult Class

	WEDNESDAY
ADULT BALLET	7:00 - 8:00 PM Teresa

Children’s Single Classes						
DANCE ME A STORY*	Ages 3-5	FRIDAYS	9:00 am - 10:30 am	Gina	5 classes	\$170
BALLET/TAP for INTRO 2/3**	Ages 4-5	TUESDAYS	5:45 pm – 6:45 pm	Gina		\$130
INTRO 2/3 BALLET	Ages 4-5	SATURDAYS	9:30 am – 10:30 am			\$130
DANCE LIKE CRAZY**	Ages 6-8	THURSDAYS	5:45 pm - 6:45 pm	Gina	5 classes	\$110
BALLET/JAZZ for BALLET 1/2	Ages 6-8	SATURDAYS	9:15 am - 10:30 am	Tati		\$130

***DANCE ME A STORY** is a class designed for 3 - 5 year olds. Each week we will read a different ballet story and bring it to life with music, costumes, props, and dance. The class includes 45 minutes of ballet instruction. This summer will cover ballet classics and more modern stories such as Pinocchio, Cinderella, and Sleeping Beauty.

**** The BALLET/TAP for Intro 2/3’s** class will combine classical ballet, creative movement and tap fundamentals for dancers eligible for the Intro 2/3 level (4-5 years old). Each class will begin with ballet and transition to tap. We will focus on fun and creativity while learning about coordination, balance, tempo and rhythm.

*****DANCE LIKE CRAZY!** For ages 6 – 8. A fun combination class including classical ballet, basic jazz, and Humphrey modern dance. Each class we will explore a different theme including "Outer Space", "Colors" and more! Come dressed for fun and bring your imagination!

NEXT PAGE

FOR BALLET 3 & BALLET 4 ~ 2 Ballet classes/wk required			
DAY	CLASS		TIME
TUESDAY	Ballet 3/4	Tati	3:30 pm - 4:45 pm
	Jazz	Tati	4:45 pm - 5:45 pm
THURSDAY	Ballet 3/4	Tati	3:30 pm - 4:45 pm
	Humphrey Modern	Gina	4:45 pm - 5:45 pm

FOR BALLET 5 ~ 2 Ballet classes/wk required			
DAY	CLASS		TIME
TUESDAY	Ballet 5	Gina	3:30 pm - 4:45 pm
	Humphrey Modern	Gina	4:45 pm - 5:45 pm
THURSDAY	Ballet 5	Gina	3:30 pm - 4:45 pm
	Jazz	Tati	4:45 pm - 5:45 pm

FOR BALLET 6	course descriptions	next page	
DAY	CLASS		TIME
MONDAY	Stretch & Tone	Mei	1:00 pm - 1:45 pm
	Ballet 6	JP	1:45 pm - 3:00 pm
	*Lyrical	Mei	3:00 pm - 4:15 pm
	Pre-Pointe	Mei	4:15 pm - 5:00 pm
	Hip Hop	Tanji	7:45 pm - 9:00 pm
TUESDAY	*Limon Modern	Jessica	7:00 pm - 8:15 pm
WEDNESDAY	Stretch & Tone	Mei	1:00 pm - 1:45 pm
	Ballet 6	Mei	1:45 pm - 3:00 pm
	Jazz	Gina	3:00 pm - 4:15 pm
	Pre-Pointe	Tati	4:15 pm - 5:00 pm
FRIDAY	Pilates	Sally	1:00 pm - 1:45 pm
	Ballet 6	Sally	1:45 pm - 3:00 pm

FOR BALLET 8	& FOR BALLET 9	course descriptions→	
DAY	CLASS		TIME
MONDAY	Stretch & Tone	Mei	1:00 pm - 1:45 pm
	Ballet 8-11	Julia	5:00 pm - 6:30 pm
	Pointe 2-5	Julia	6:30 pm - 7:30 pm
	Hip Hop	Tanji	7:45 pm - 9:00 pm
TUESDAY	Ballet 8-11	JP	5:45 pm - 7:15 pm
	Pointe & Partnering	JP	7:15 pm - 8:15 pm
WEDNESDAY	*Adv Modern	Jessica	8:15 pm - 9:30 pm
	Stretch & Tone	Mei	1:00 pm - 1:45 pm
	Ballet 8/9	Tati	5:00 pm - 6:30 pm
FRIDAY	Pointe 2/3	Tati	6:30 pm - 7:30 pm
	Advance Jazz	Tati	7:45 pm - 9:00 pm
	Pilates	Sally	1:00 pm - 1:45 pm
	Ballet 8 (not with 9's)		1:45 pm - 3:00 pm
	Pointe 2	JP	3:00 pm - 3:45 pm
	Ballet 9-11 (combined with Ballet 10-11)	JP	3:45 pm - 5:15 pm
	Pointe & Partnering	JP	5:15 pm - 6:15 pm

**The Academy will be closed for Independence Day
on July 4th & 5th.**

FEE SCALE per 6 weeks	PRICE
1 class/week	\$130
2 classes/week	\$245
3 classes/week	\$345
4 classes/week	\$430
5 classes/week	\$490
6 classes/week	\$540
7 classes/week	\$570
8 classes/week	\$600
9 classes/week	\$630
10 classes/week	\$650
+\$10 each class over 10	
\$25 summer registration for new students	

FOR BALLET 7	course descriptions	next page	
DAY	CLASS		TIME
MONDAY	Stretch & Tone	Mei	1:00 pm - 1:45 pm
	*Lyrical	Mei	1:45 pm - 3:00 pm
	Ballet 7	JP	3:00 pm - 4:15 pm
	Pointe 1	JP	4:15 pm - 5:00 pm
	Hip Hop	Tanji	7:45 pm - 9:00 pm
TUESDAY	*Limon Modern	Jessica	7:00 pm - 8:15 pm
WEDNESDAY	Stretch & Tone	Mei	1:00 pm - 1:45 pm
	Jazz	Gina	1:45 pm - 3:00 pm
	Ballet 7	Mei	3:00 pm - 4:15 pm
	Pointe 1	Mei	4:15 pm - 5:00 pm
FRIDAY	Pilates	Sally	1:00 pm - 1:45 pm
	Ballet 7	Sally	1:45 pm - 3:00 pm
	Pointe 1	Sally	3:00 pm - 3:30 pm

FOR BALLET 10 & FOR BALLET 11	course descriptions→		
DAY	CLASS		TIME
MONDAY	Stretch & Tone	Mei	1:00 pm - 1:45 pm
	Ballet 8-11	Julia	5:00 pm - 6:30 pm
	Pointe 2-5	Julia	6:30 pm - 7:30 pm
	Hip Hop	Tanji	7:45 pm - 9:00 pm
TUESDAY	Ballet 8-11	JP	5:45 pm - 7:15 pm
	Pointe & Partnering	JP	7:15 pm - 8:15 pm
	*Adv Modern	Jessica	8:15 pm - 9:30 pm
WEDNESDAY	Stretch & Tone	Mei	1:00 pm - 1:45 pm
	Ballet 10/11	Julia	5:00 pm - 6:30 pm
	Pointe 4/5	Julia	6:30 pm - 7:30 pm
	Advanced Jazz	Tati	7:45 pm - 9:00 pm
THURSDAY	Ballet 10/11	JP	5:45 pm - 7:15 pm
	Pointe 4/5	JP	7:15 pm - 8:15 pm
FRIDAY	Pilates	Sally	1:00 pm - 1:45 pm
	Ballet 9-11	JP	3:45 pm - 5:15 pm
	Pointe & Partnering	JP	5:15 pm - 6:15 pm

NEXT PAGE

Course Descriptions

Lyrical Dance is a dance class where the students learn a routine, or a specifically choreographed sequence of movements. This type of class focuses on technique, musicality, and performance. The class typically starts with a warmup, followed by progressions, practicing combinations focusing on transitions, and putting it all together accompanied by expressive lyrics. Attendees may also learn principles of body isolations, facial expressions, and stage presence.

Limón Based Modern Class

Limón Based Release Technique & Advanced Modern Release Technique

This class is grounded in release based modern and contemporary Ballet, with an emphasis in Limón, Varone, and Forsythe techniques. Combining elements from modern dance with that of Ballet, this class will have you dancing with fluid, circular and grounded movement culminating in vigorous phrase work. Particularly geared towards pushing the boundaries of your kinesphere, while focused on the use of dynamic range through the body and musicality in movement, you will find yourself traveling through space freely and energetically at a complex level.

See more info ~ <https://dancespirit.com/understanding-release-technique/>